



Glen Hills Primary School Guidelines for Physical Examination in First Aid

GUIDELINES FOR PHYSICAL EXAMINATION OF A CHILD IN FIRST-AID RELATING TO BODILY AREAS WHICH ARE TERMED AS 'PRIVATE'*

*Definition of 'private' is the area surrounding the groin and for older girls, the chest area.

- If a child has injured their private area, the child should initially be asked to go to the toilet to inspect his/her own injured area to see if there are any cuts / bruises / blood visible.
- If the child reports that there are visible signs **or the first aider still has concerns**, the first-aider should contact the parent/carer immediately and explain that a visual examination needs to take place and that either the parent is happy for the examination to take place or offered to come in to be present for the visual examination. If no contact can be made, we have to work with the best interests of the child's safety in mind and two first-aiders therefore must be present to conduct a visual examination of the child. If there are still concerns with the injury and no contact can be made, the child may need to be taken to hospital.
- If the child says there are no visible signs then the child should be asked to wait in first-aid for a while to see if any pain subsides. If it does not subside, the first-aider should contact the parent/carer and explain that a visual examination needs to take place and that either the parent is happy for the examination to take place or offered to come in to be present for the visual examination. If no contact can be made, we have to work with the best interests of the child's safety in mind and two first-aiders therefore must be present to conduct a visual examination of the child. If there are still concerns with the injury and no contact can be made, the child may need to be taken to hospital.
If the pain does subside **and the first aider still has concerns**, then a visual examination may still be required and the steps outlined above would be adhered to.
If the pain does subside and the first aider has no further concerns, then the child should get a first-aid letter and be monitored throughout the remainder of the day.

Essential guideline:

- **During any physical examination, two adults MUST be present and the examination must be conducted in an area which others cannot witness the examination.**

- **If unsure, ask the Head Teacher or Deputy Head in the Head's absence for further guidance.**

If our staff have any concerns, we will ensure the child is visually examined to ensure the care, safety and health of our pupils is maintained. We will ensure all of the above steps are adhered to.

