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Week 1 menu will commence on the following weeks – 21st Oct, 11th Nov, 2nd Dec, 7th Jan, 27th Jan, 24th Feb, 16th Mar.

WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken curry Rice Sweetcorn Naan bread 	Roast pork Mashed potatoes Honey glazed parsnips Broccoli  	Brunch lunch Bacon Scrambled egg Hash browns Beans Tomatoes   	Organic beef cottage pie Mini roast potatoes Cauliflower Carrots   	Hotdog Chips Beans Peas  
Vegetable curry Rice Sweetcorn Naan bread  	Quorn fillet Mashed potatoes Honey glazed parsnips Broccoli   	Brunch lunch Veggie sausage Scrambled egg Hash browns Beans Tomatoes   	Veggie cottage pie Mini roast potatoes Cauliflower Carrots   	Vegetarian hotdog Chips Beans Peas  
Apple crumble and custard or Catherine wheels   	Blueberry muffins or Gingerbread   	Cheesecake or Chocolate haystacks  	Orange drizzle cake or Rice pudding   	Ice cream or Shortbread fingers  

Week 2 menu will commence on the following weeks – 28th Oct, 18th Nov, 9th Dec, 13th Jan, 3rd Feb, 2nd Mar, 23rd Mar.
















WEEK TWO















MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs Pasta Sweetcorn Peas  	Roast beef and Yorkshire pudding Mashed potatoes Carrots Cabbage Gravy   	Pizza Mini roast potatoes Coleslaw Beans    	Turkey and stuffing Duchess potatoes Broccoli Cauliflower Gravy   	Fish fingers Chips Beans Peas    
Quorn meatballs Pasta Sweetcorn Peas  	Quorn roast and Yorkshire pudding Mashed potatoes Carrots Cabbage Gravy    	Pizza Mini roast potatoes Coleslaw Beans  	Vegetarian grill Duchess potatoes Broccoli Cauliflower Gravy   	Veggie sausage Chips Beans Peas  
Rainbow sponge or Fruit whip  	Apple turnover or Anzac biscuits 	Syrup sponge and custard or Chocolate shortcake   	Rhubarb crumble or Custard jambos    	Ice cream or Cheese & crackers/grapes  

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Week 3 menu will commence on the following weeks – 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb, 9th Mar, 30th Mar.

WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Organic beef bolognaise Spaghetti Mixed vegetables 	Chicken and stuffing Duchess potatoes Carrots Cabbage Gravy 	Toad in the hole Mashed potatoes Broccoli Cauliflower Gravy 	Gammon and pineapple Roast potatoes Roast vegetables Peas Gravy 	Fish Chips Beans Mushy peas 
Vegetarian bolognaise Spaghetti Mixed vegetables 	Quorn fillet Duchess potatoes Carrots Cabbage Vegetarian gravy 	Vegetarian toad in the hole Mashed potatoes Broccoli Cauliflower Gravy 	Cheese and tomato pastry Roast potatoes Roast vegetables Peas 	Quorn dippers Chips Beans Mushy peas 
Lemon sponge and custard or Aunt Dot biscuits 	Chocolate krispie or Yum yum biscuits 	Waffles and fruit compote or Fruit scones 	Peach crumble and custard or Chocolate iced sponge 	Ice Cream or Shortcake 

 Celery	 Cereals Containing Gluten	 Crustaceans	 Eggs	 Fish
 Lupin	 Milk	 Molluscs	 Mustard	 Nuts
 Sulphur Dioxide	 Sesame Seeds	 Peanuts		 Soya