































GLEN HILLS SCHOOL SUMMER MENU APRIL - OCTOBER 2022

WEEK ONE











































Week 1 menu will commence on the following weeks – 25 th April, 16 th May, 13 th June, 4 th July, 12 th September, 3 rd October				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham Cheesy pasta Coleslaw Salad 	Fishfingers Duchess potatoes Spaghetti Peas 	Chicken pie Mashed potatoes Carrots Cabbage Gravy 	Cheese flan Mini roast potatoes Sweetcorn Tomatoes 	Sausages Chips Beans Peas 
Cheesy pasta Coleslaw Salad 	Vegetable grill Duchess potatoes Spaghetti Peas 	Vegetable pie Mashed potatoes Carrots Cabbage Gravy 	Cheese flan Mini roast potatoes Sweetcorn Tomatoes 	Quorn sausage chips Beans Peas 
Fruit mousse 	Iced buns 	Chocolate krispie 	Cranberry and oat cookies 	Ice cream 















WEEK TWO

Week 2 menu will commence on the following weeks – 3 rd May, 23 rd May, 20 th June, 30 th August, 19 th September, 10 th October				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs Pasta Garlic bread Mixed vegetables 	Tuna Jacket potatoes Sweetcorn Coleslaw 	Pizza Wedges Peas Spaghetti hoops 	Turkey and stuffing Mashed potatoes Green beans Cauliflower Gravy 	Chicken Chips Sweetcorn Peas 
Quorn meatballs Pasta Mixed vegetables 	Cheese/egg mayo Jacket potatoes Sweetcorn Coleslaw 	Pizza Wedges Peas Spaghetti hoops 	Quorn Fillet and Stuffing Mashed potatoes Green beans Cauliflower Vegetable gravy 	Quorn dippers Chips Beans Sweetcorn 
Jam tarts 	Chocolate biscuits 	Fruit jelly and cream 	Iced orange sponge 	Ice cream 

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Week 3 menu will commence on the following weeks – 9th May, 6th June, 27th June, 5th September, 26th September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza Wedges Beans Peas   Pizza Wedges Beans Peas   Chocolate beetroot sponge    	Toad in the hole Mashed potatoes Green beans Sweetcorn Gravy    Vegetarian toad in the hole Mashed potatoes Green beans Sweetcorn Gravy     Cherry shortbread    	Chicken pasta bake Garlic bread Coleslaw    Macaroni cheese Garlic bread Coleslaw    Viennese whirls    	Roast Beef Yorkshire pudding Mashed potatoes Carrots Broccoli Gravy    Quorn fillet Yorkshire pudding Mashed potatoes Carrots Broccoli Gravy     Fruit waffles   	Fish Chips Spaghetti Mushy peas     Vegetable grill Chips Spaghetti Mushy peas   Ice cream 

 Celery	 Cereals Containing Gluten	 Crustaceans	 Eggs	 Fish
 Lupin	 Milk	 Molluscs	 Mustard	 Nuts
 Sulphur Dioxide	 Sesame Seeds	 Peanuts		 Soya