
















GLEN HILLS PRIMARY SCHOOL

WINTER MENU
















WEEK ONE

Week 1 menu will commence on the following weeks – 22nd Oct, 12th Nov, 3rd Dec, 8th Jan, 28th Jan, 25th Feb, 18th Mar, 8th Apr

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Curry Rice Naan Bread Sweetcorn Peas 	Roast Beef and Yorkshire Pudding Mashed potatoes Carrots Cabbage Gravy 	Macaroni Cheese Parsley Potatoes Tomatoes Broccoli 	Chicken Pie Duchess Potatoes Green Beans Sweetcorn Gravy 	Fish fingers Chips Beans Mushy peas 
Quorn Curry Rice Naan Bread Sweetcorn Peas 	Yorkshire pudding with Quorn Mashed potatoes Carrots Cabbage Gravy 	Macaroni Cheese Parsley Potatoes Tomatoes Broccoli 	Quorn Pie Duchess Potatoes Green Beans Sweetcorn Veg Gravy 	Frittata Chips Beans Mushy Peas 
Rhubarb Crumble & Custard or Jambos 	Ginger cake & Custard or Apple Puffs 	Chocolate Krispie or Banana Custard 	Apple Cake & Custard or Oat Cookie 	Iced Sponge or Aunt Dot Biscuits 

Week 2 menu will commence on the following weeks – 29th Oct, 19th Nov, 10th Dec, 14th Jan, 4th Feb, 4th Mar, 25th Mar

WEEK TWO
















MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs Pasta Mix Vegetables 	Gammon & Pineapple Roast Potatoes Broccoli Carrots Gravy 	Pizza Jackets Beans Coleslaw 	Turkey & stuffing Mashed potatoes Green Beans Cauliflower Gravy 	Chicken Chips Beans Sweetcorn 
Quorn Meatballs Pasta Mix Vegetables 	Quorn Shepherd's Pie Roast Potatoes Broccoli Carrots 	Pizza Jackets Beans Coleslaw 	Quorn Fillet & Stuffing Mashed Potatoes Green Beans Cauliflower Vegetable Gravy 	Quorn Dippers Chips Beans Sweetcorn 
Chocolate Tart or Apple Crumble & Custard 	Treacle Sponge & Custard or Cherry Shortbread 	Lemon Meringue Pie or Nursery Wheels 	Jam Sponge & Custard or Rice Pudding 	Iced Buns or Ice Cream 


GLEN HILLS PRIMARY SCHOOL

WINTER MENU

Week 3 menu will commence on the following weeks – 5th Nov, 26th Nov, 17th Dec, 21st Jan, 11th Feb, 11th Mar, 1st Apr

WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausages Jacket potatoes Beans Coleslaw 	Chicken and stuffing Mashed potatoes Carrots Broccoli Gravy 	Chicken Pasta Bake Wedges Sweetcorn Peas 	Pork Loin Stuffing Mashed Potatoes Mixed Vegetables Cabbage Gravy 	Beef Burgers Chips Beans Peas 
Vegetarian Sausage Jacket Potatoes Beans Coleslaw 	Quorn Fillet Mashed Potatoes Carrots Broccoli Vegetarian Gravy 	Pasta Bake Wedges Sweetcorn Peas 	Quorn Roast Mashed Potatoes Mixed Vegetables Cabbage Vegetarian Gravy 	Vegetarian Burgers Chips Beans Peas 
Lemon sponge and custard or Apricot Tarts 	Blueberry Muffins or Banana Flapjack 	Jam Roly Poly & Custard or Anzac Biscuits 	Chocolate Eclairs Apple & Blackberry Crumble with Custard 	Ice Cream or Shortcake 

 Celery	 Cereals Containing Gluten	 Crustaceans	 Eggs	 Fish
 Lupin	 Milk	 Molluscs	 Mustard	 Nuts
 Soya	 Sulphur Dioxide	 Sesame Seeds	 Peanuts	