



Quilling is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs.

1. Make a tiny fold at one end of the paper, and roll it all the way to the end.
2. Let go of the spiralled roll a little, so there is a little space between the turns of the roll.
3. The rolls can be secured with glue.
4. Rolls can be round or oval in shape. Round rolls can be pinched at either end to make flower petal shapes.
5. You can make many other shapes by pinching the roll in different areas.
6. You can glue shapes together to make flowers, insects, animals ... etc.
7. It is important to assemble the rolls on the cardboard so that the spirals are visible, not the edge of the roll.

