



Key vocabulary	
Sew	To join or fasten together by stitches.
Stitch	A loop of thread to join pieces of fabric.
Running Stitch	A simple line of evenly-spaced stitches that go straight along the fabric without overlapping.
Knot	A securely fastened loop from a string, fabric or rope.
Needle Threader	A device that can assist a person in putting their sewing thread through the eye of their needle
Needle	A thin piece of metal with a point at one end and a hole at the other which a piece of string can pass through.
Thread (noun)	A long, thin strand of cotton, nylon or other fibres.
Thread (verb)	To pass a piece of thread (noun) through the hole in the end of the needle.



Threading cotton through the eye of a needle.

Needle Threader

